

by *Wegmans*

# gluten-sensitive selections

## Gluten Sensitivity Menu:

These delicious menu items are "Made with No Gluten-Containing Ingredients." This information is based on the most current statements from our suppliers. "Made with No Gluten-Containing Ingredients" does not mean these items are gluten-free. It means they were not made with any ingredients derived from wheat, rye or barley, but may contain gluten due to cross-content risks. Our Manager is happy to answer any other questions about these items.

## snacks & sharing

Sharing is more fun!

### Guacamole and Chips

Rustic guacamole and corn tortillas  
\$8

### Pub Wings

Buffalo sauce, blue-cheese dressing, celery  
\$10

### Crispy Coconut Shrimp

Lightly breaded shrimp, ginger cabbage slaw  
with sweet chili sauce  
\$10

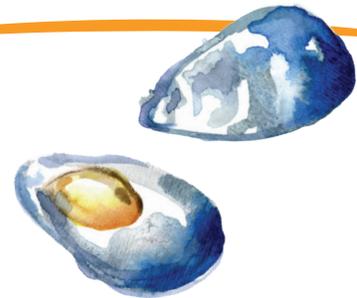
### Tuscan Fries

Rosemary, sage, Italian parsley, garlic, and sea salt  
\$4  
Make it truffle-parmesan fries...why not?  
\$2

### Big Steamed Mussel Pot

1lb organic P.E.I. mussels, steamed in  
spicy Thai red curry with lime and cilantro \$11

Make it a double order 2lb \$19



## salads

### Protein Options

chicken raised without antibiotics \$5 salmon \$7 shrimp \$6

### Caesar Salad

Romaine hearts and Classic Caesar dressing  
Small \$5 Large \$9

### Greek Santorini Salad

Romaine, tomatoes, cucumber, red onion,  
Kalamata olives, scallions, feta cheese  
and Greek vinaigrette  
\$9

### Greens, Fruit & Nut

Arugula, baby kale, toasted walnuts, goat cheese,  
dried cranberries, organic balsamic dressing  
\$10

### Beet & Avocado Salad

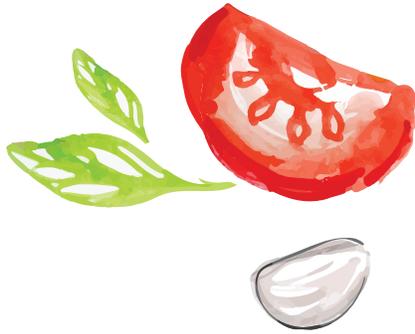
Baby kale, beets, chickpeas, avocado, radish, quinoa,  
organic balsamic vinaigrette  
\$9

### Pub Side Salad

Mixed greens, grape tomato, cucumber, carrot,  
organic balsamic vinaigrette  
\$5

### Arugula Side Salad

Arugula, lemon vinaigrette, shaved Parmesan  
\$4



## sandwiches

Any of the following can be “Made with No Gluten-Containing Ingredients” including the roll, and are served with a choice of Tuscan fries, fresh veggies, or salad. Substitute truffle-parmesan fries \$2

### **The Pub Burger (Best Seller!)\***

Half-pound irradiated beef patty, NY sharp cheddar cheese, Thousand Island dressing, leaf lettuce, tomato  
**\$10**

### **Hickory Bacon Cheddar Burger\***

Half-pound irradiated beef patty, thick-cut bacon, NY sharp cheddar cheese, mayonnaise, red onion, pickle, leaf lettuce, tomato  
**\$11**

### **Quarter Pound Cheeseburger\***

Irradiated beef patty, NY sharp cheddar cheese, lettuce, tomato, red onion  
**\$8**

### **Grilled Lemon Garlic Chicken**

Chicken breast (raised without antibiotics), NY sharp cheddar cheese, guacamole, thick-cut bacon, Parmesan aioli, leaf lettuce, tomato  
**\$12**

### **Big Fat Greek Turkey Burger**

Ground turkey (raised without antibiotics) mixed with caramelized onions and spice blend, roasted tomato bruschetta, tzatziki, fresh parsley  
**\$10**

## entrées



### **Steak Frites\***

Cast iron skillet-seared 12oz NY strip steak with shallot-thyme butter served with Tuscan fries and lemon dressed arugula  
**\$22**

### **Penne Bolognese**

Braised beef, pork and veal ragu, tomato, Parmesan and basil served with penne Rigate pasta  
**\$13**

## beverages

**Coffee, tea, soda, juice, sparkling water and milk**

**Gluten-free beer and cider options available**

Ask your server for details.

Before placing your order, please inform your server if a person in your party has a food allergy.

\*Consuming raw or undercooked Meats, Poultry, Seafood, Shellfish, or Eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

A 20% gratuity will be added to all parties of six guests or more.